

SPA
SOUND BODY™ BY HARDROCK

rock  spa®



SPA

SOUND BODY™ BY HARD ROCK

rock  spa®

This is more than a spa. It's an escape.

 retune yourself.

A quest to push reset. Through our lineup of signature treatments and amenities we stir the soul, relax the mind and rock the body.



The world's first fully immersive music-centric spa menu utilizing amplified vibrations, pressures and patterns, as the foundation of its treatments.

rhythm & motion.

This groundbreaking experience takes guests on a rhythmic massage journey—bass vibrations ripple through the massage table as treble beats come from above, sending pulses through the body and leaving you feeling energized and invigorated.



rhythm and motion

SYNCHRONICITY

Synchronicity is a magical journey of music to take you away to somewhere new. The massage is designed to bring you to a deep state of well-being and relaxation. This treatment includes a scalp massage and foot treatment. Various massage techniques and a Native American closing ritual blend with the rhythm of music. 50 min / 80 min

FACE THE MUSIC

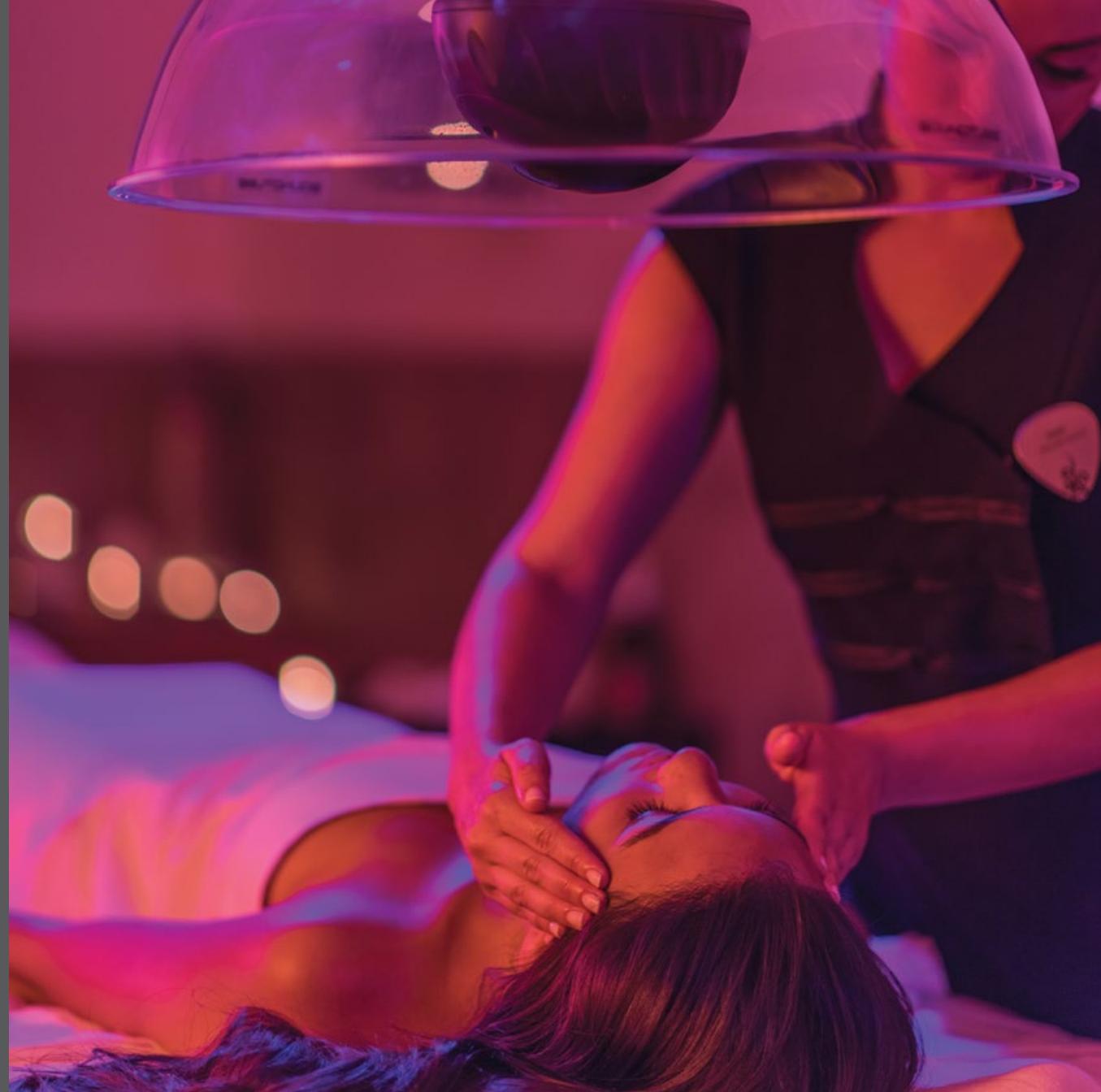
A sensory journey with music that transports you to a new place, this facial treatment combines vitamin C, natural fruit acids and of wide range of powerful extracts to lighten the skin, improves firmness, texture, fights fat and sprouts of impurities in the skin, and minimizes fine lines and wrinkles, leaves radiant, moisturized, and luminous skin. 80 min

SMOOTH OPERATOR

Retunes the skin and rocks the soul with a two-part treatment, removing impurities and inviting new nourishing elements in. Starting with the rhythmical detoxifying wrap, to release toxins, hydrate, and smooth the skin, wrapping it up on a high note. 80 min

WRAP REMIX

The treatment begins with sugar scrub and detoxifying wrap, then blends into bodywork designed to bring you into a deep state of well-being and relaxation. The music is a lovely combination of healing sounds with a unique blend of soft vocals to aid in your journey. 110 min



 massage



ock @ spa

relaxing experiences

COUPLES

Unforgettable spa experience in company of that special one while enjoying your treatment in the privacy of a couples treatment room. 50 min / 80 min

RELAXING HOLISTIC

Restore your vital energy with this full body massage. Let the tension and stress disappear on contact. This massage provides a wonderful sense of well-being, as it improves circulation, relaxes muscles and stimulates the lymphatic system. 50 min / 80 min

AROMATHERAPY

A wonderful massage using essential oils especially designed to induce deep relaxation, strengthen the respiratory system, eliminate muscle tension and reduce anxiety by providing welfare. 50 min / 80 min

DEEP TISSUE

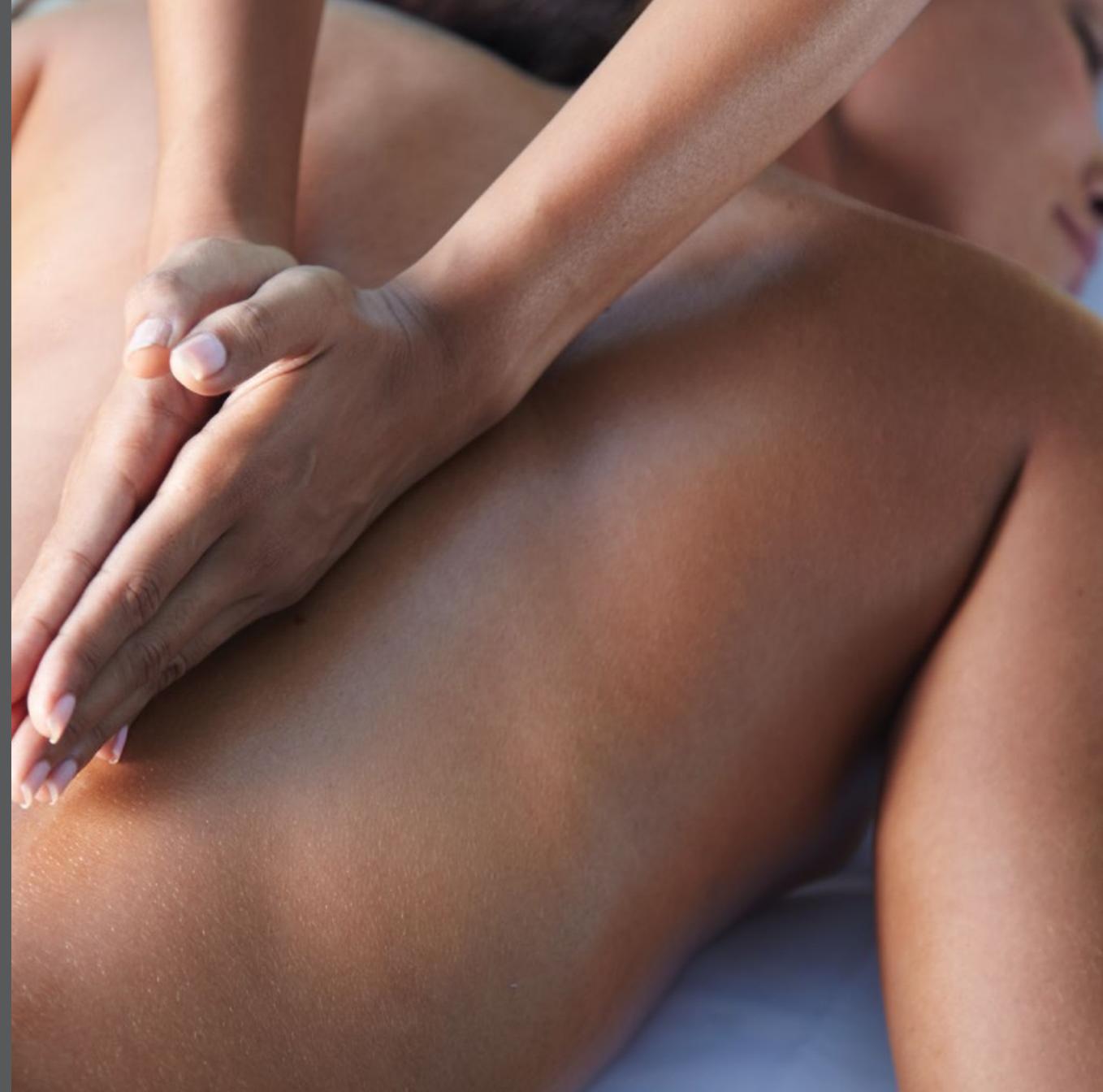
Massage that uses deep pressure on the muscle; relax while releasing toxins that have accumulated, improving joint mobility. Recommended for people with a lot of stress, posture problems and those who exercise. 50 min / 80 min

MOM TO BE

A real boost designed for expectant mothers past the first trimester; a wonderful way to reduce water retention and restore energy. 50 min

LEG AND FOOT MASSAGE

Relaxing massage to relieve tired legs, regain energy and enjoy the feeling of an invigorating massage for your legs. 50 min



therapies

HOT STONES MASSAGE

Therapy that combines heat stones and massage, which will help vanish muscular pain, tension and fatigue over time. The hot stones are placed along the column in the energy centers known as chakras; this helps to maintain energy balance. 80 min

HERBAL POULTICE

The Herbal Poultice treatment is inspired in a Thailand's tradition. Utilizes warmed poultices of herbs and spices that are steamed and applied directly to the body. The steam heating allows the natural essential oils and aromas of the herbs and spices to be released and provides healing properties to the entire body, relaxing the muscles while stimulates blood circulation and energy flow. 80 min

ORGANIC CANDLE MASSAGE

Luxury massage experience and a deep relaxing therapy. With candles made with pure and natural organic ingredients, this scented candle and massage balm in one, smells beautifully and treats the skin, leaving it soft and smooth. 80 min





facials

facials

REJUVENATING ANTIOXIDANT

Improve the appearance of your skin with this facial that stimulates cell renewal, while natural and organic moisturizers soften the fine lines of expression and give firmness to the skin. 50 min / 80 min

ESSENTIAL SHOCK INTENSE

Restore essential elements needed to maintain a plump, hydrated and wrinkle-free skin. Maintains a healthier skin and provides extraordinary benefits. Its regenerating power acts from the deepest layers of the skin replenishing firmness, elasticity and tone to intensively rejuvenate and redefine the facial contour. 80 min

VITAMIN C

Luxury antioxidant and anti-aging facial. Repair damaged skin by the sun and other external agents to fight the signs of premature aging. Promotes the formation of collagen to make your face get proper elasticity, while regenerates, stands firm, luminous and radiant. 80 min

PURIFYING

A deep cleansing based upon detoxification. The heat opens and softens the pores; botany freshness purifies and closes them. Our facial includes extractions. A stimulating mask will smooth your skin and gradually moisturizes, soothes and revitalizes. Finally, a veil of hydration will give a satin feel and a fresher look. 80 min



facials

DETOXIFYING

Incredible facial that combines deep cleaning, detoxification and intensive hydration that will leave your skin smoother and with less signs of aging. It is complemented with a facial massage designed to obtain the maximum level of relaxation. 80 min

FOR HIM

This refreshing treatment is designed especially for men. The skin will be exfoliated to decongest the pores. A deep cleansing of the skin that results in a cleaner, moisturized, revitalized and visibly skin with less signs of age. 50 / 80 min

CEUTICAL

A wonderful opportunity to calm the most sensitive skins and recover the lost hydration. 50 min

STEM CELL

A facial treatment that increases and strengthens Hyaluronic Acid, Collagen, Elastin and other proteins, Accelerated and visible reduction of wrinkles and improvement of elasticity. 80 min



facials

LUMAFIRM

Significant increase in firmness and elasticity, more luminous skin and immediate and gradual lightening of pigmentation. Especially effective against aging of the skin. 80 min

REJUVENATING GOLD

Excellent facial treatment with gold, hyaluronic acid and wakame algae, combats dehydration and minimizes the depth of wrinkles, revitalizes the skin, provides firmness, elasticity and luminosity. 80 min

INTENSIVE AGE-DEFYING

A powerful age-defying facial which helps minimize lines and wrinkles and helps combat the signs of aging. This highly active yet non-irritating facial visibly improves the skin luminosity with an infusion of potent Vitamins A, C, E, and antioxidant nutrients. Natural AHA, Lactic Acid and Hyaluronic Acid helps to increase cell turnover, refine skin's texture and seal in skin's natural moisture and oil contents, leaving your skin smooth, firm and illuminated. 80 min





body

CHOCOLATE WRAP

Relaxing experience that will help remove dead cells with an exfoliation of fine cocoa seeds granules, which stimulate skin renewal and circulation. The cocoa mask provides elasticity and releases endorphins of pleasure and happiness. You will look more juvenile and luminous. 80 min

TROPICAL TONING WRAP

Delight your senses with a wrap of tropical fruits, enriched with elastin that will give tone, firmness and radiance. Allowing skin to look more youthful, radiant and healthy. A great tropical experience. 80 min

GREEN COFFEE ANTI-CELLULITE BODY WRAP

Purifying treatment that helps to reduce the appearance of cellulite, thanks to it's high content of green coffee that softens the fat deposits in the skin, resulting in firmer, toned and smooth skin. 80 min

DETOXIFYING SALT POLISH

Treatment based on plants that refresh, smooth and refines the skin leaving it rejuvenated by removing dead cells. Your skin will look radiant; this treatment is ideal to achieve a perfect tan. 50 min

DETOXIFYING BODY WRAP

Body detoxifying wrap that stimulates blood circulation and the lymphatic system. The antioxidant, purifying and firming benefits will leave you a glowing skin. 50 min



body

REJUVENATING BODY MASSAGE & SEA PLANT

Wonderful combination of a relaxing massage and a body wrap with a mask made of green clay and seaweed, to regenerate, oxygenate and deeply balance your skin. Ideal for mature skin as it softens and reaffirms; Thus counteracting the signs of age. 110 min

WATER LILY COOLING WRAP AFTER SUN

Enjoy a sense of freshness with this wrap to help reduce redness, inflammation and uncomfortable feeling caused by sun exposure. This treatment rich in water lily extract, green tea and chamomile will provide you relief and comfort. 50 min

LUMAFIRM BODY TREATMENT

A unique treatment that reaffirms, tones, reduces wrinkles and improves texture, clarifies and promotes a luminous and uniform appearance of the skin. 80 min.

GOLD REJUVENATING

Wonderful treatment based on gold, argan oil, almond oil and aloe vera, a great skin regenerator that stimulates the cellular capacity against free radicals, stimulates the best oxygenation of the skin, preventing the premature aging of the skin. 80 min.

PERFECT BODY

A treatment enriched with elastin and depurative essential oils, draining, lipolytic and slimming, which provide flexibility and smoothness to the skin. 80 min.



 couples



roxy & filmore rock star couple experiences

Unforgettable experience in the company of your partner in our Spa Suite. In this unique rocking experience you'll get well-being and relaxation in a unique and private environment. The suite has its own Steam, Sauna, Jacuzzi and Relaxation area.

LOVE IS - 160 MIN

Chocolate Body Wrap (35 min)
Relaxing Holistic Massage (40 min)
Rejuvenating Antioxidant Facial (35 min)
Thermal Experience (50 min)

SOULMATES - 140 MIN

Aromatherapy Massage (80 min)
Ceutical Facial (30 min)
Thermal Experience (30 min)

ANTI STRESS - 110 MIN

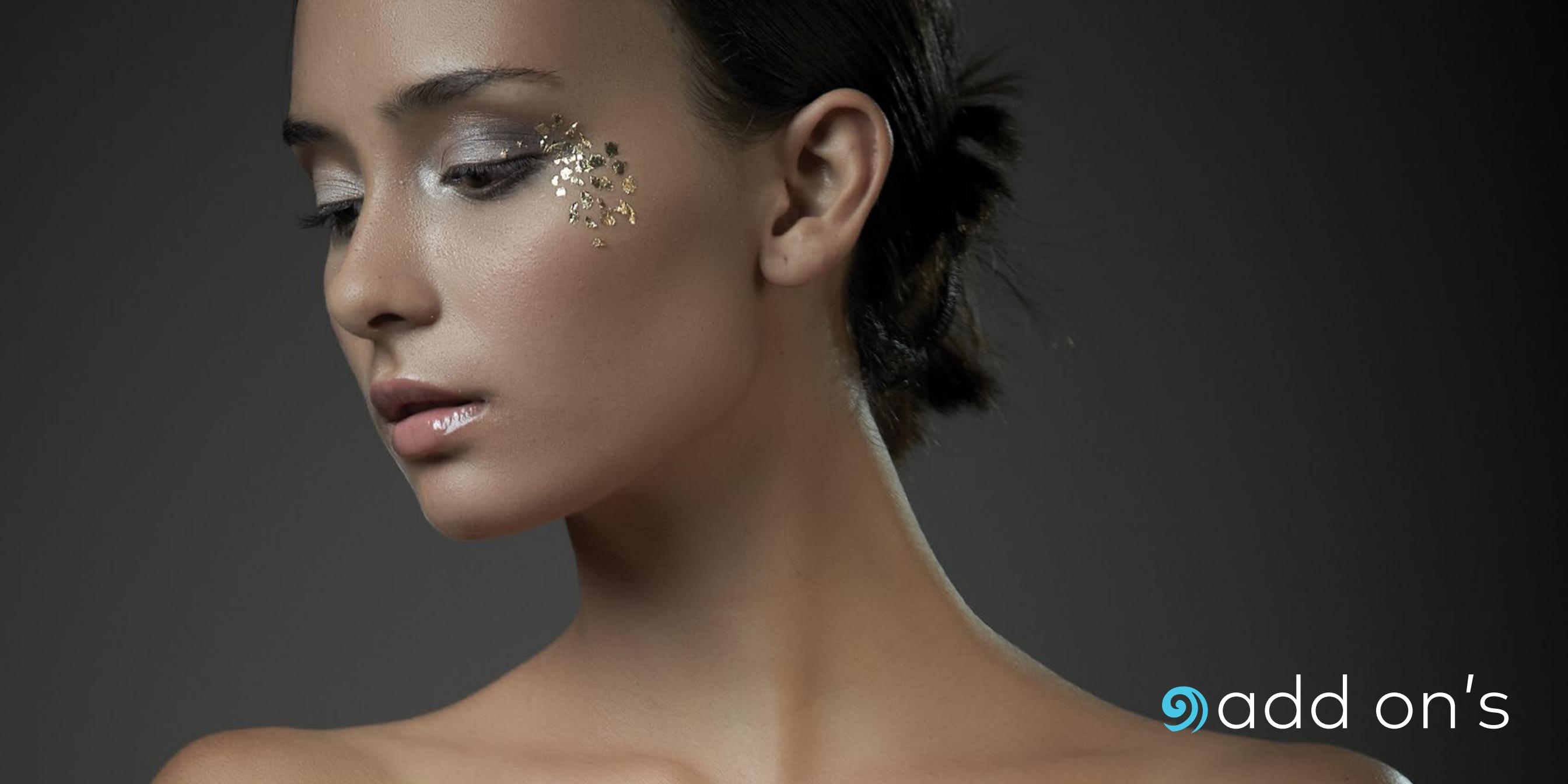
Relaxing Massage (80 min)
Thermal Experience (30 min)

DIAMOND - 170 MIN

Diamond Sublime Facial & Body (120 min)
Thermal Experience (50 min)

* A 25% service fee will apply over the final price of all transactions using the Limitless All - Inclusive promotion on all services or products available at Hard Rock Hotel. Service fee cannot be paid with the remaining Limitless All - Inclusive promotion balance. All services listed in rock spa® menu are allowed with the Limitless All - Inclusive promotion. Reservations are based on availability.





 add on's

add on's

EYE LIFTING TREATMENT

A set of extracts that will help you rejuvenate the eye contour. The tone and elasticity of the skin are restored; dark circles, inflammation and fine lines of expression are minimized during this fantastic treatment.

FIRMNESS TREATMENT

Anti-aging experience that stimulates Marma points (energetic swirls that interconnect the physical, mental, emotional and spiritual bodies) of the face and skull with aromatherapeutic essential oils; It rejuvenates the skin and restores elasticity, while fine lines and wrinkles are minimized in this luxurious treatment

*Ask to your Spa advisor how to combine this add on's with the same brand of the Facials and Body treatments.





 packages & rituals

packages (individual)

Designed to meet the needs of each person. Each package offers specific services to make an unforgettable spa experience.

ANTI AGING BOOSTER 170 MIN

Rejuvenating Body Massage & Sea Plant (110 min)

Rejuvenating Antioxidant Facial (40 min)

Eye Lifting Treatment (10 min)

Firmness Treatment (10 min)

DETOXIFYING THERAPY 110 MIN

Carboxytherapy (60 min)

Detox Massage (50 min)

GROOMING FOR HIM 110 MIN

Back Massage (30 min)

Detoxifying Body Scrub and Wrap (40 min)

For Him Facial (40 min)

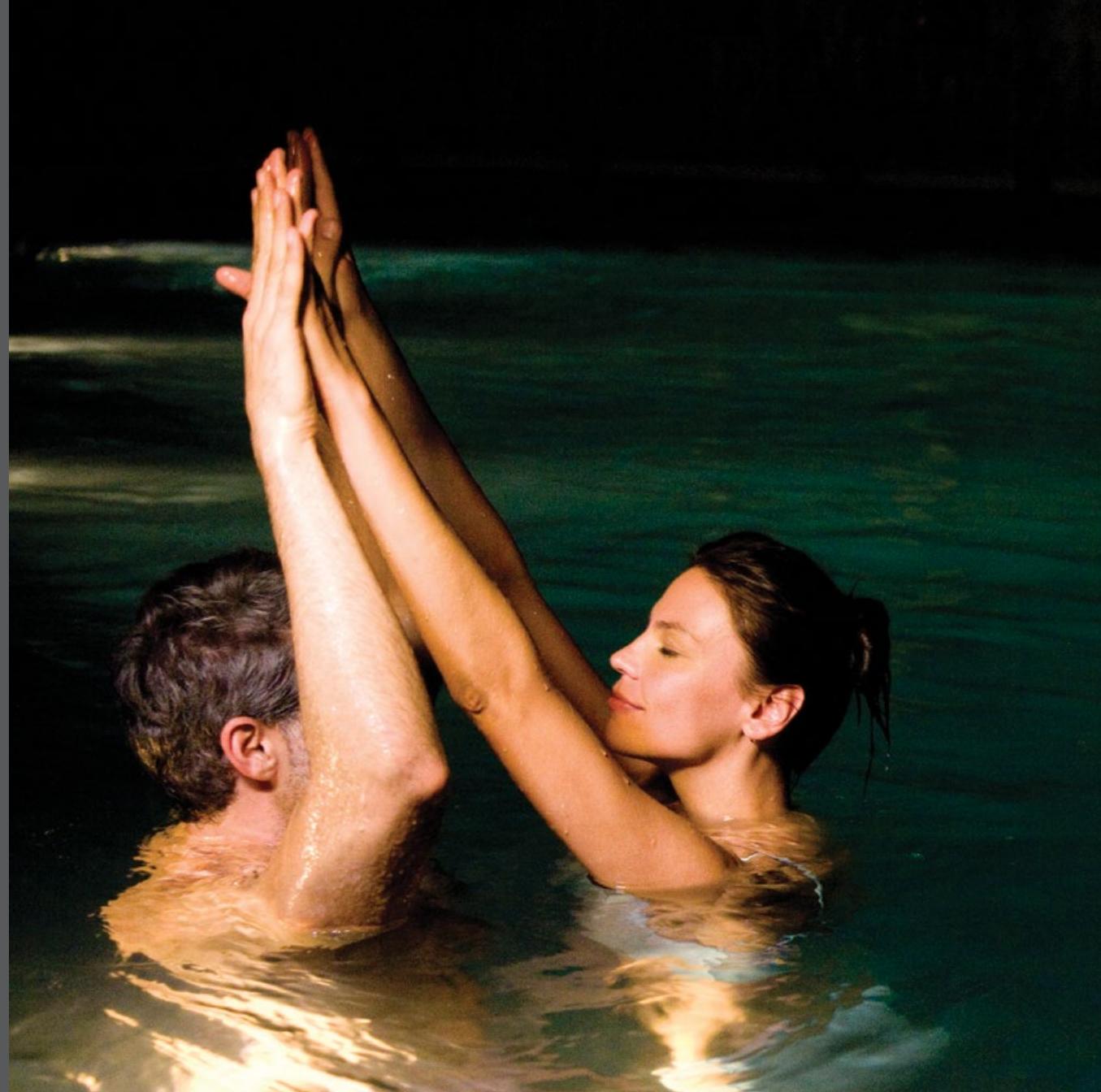
rituals

ROYAL CITRIC EXPERIENCE FACIAL & BODY

Anti-aging ritual, sophisticated treatment that will provide a more even tone to your skin, while provides protection from free radicals. The result is a sculpted, nourished and luminous skin for face and body. Recommended for prematurely aged or exposed to sunlight skin. 110 min

NATIVE TAINO

Therapeutic massage performed by two therapists whose perfectly synchronized movements create a unique experience. Four-hand massage inspired by ancient Taino traditions to balance and restore the physical and spiritual forces within. 80 min



body rock experience

(AVAILABLE AT THE GYM ONLY)

BODY ROCK MASSAGE

The perfect combination of different massage techniques especially designed to induce deep relaxation, eliminate muscle tension and reduce anxiety by providing welfare. 50 min / 80 min

ROCK YOUR BACK

A deep release for your back. A deep tissue massage focused on your back tensions. The perfect tension release after every work out! 50 min

SPORT MASSAGE

Relieving massage, which employs invigorating movements while releasing toxins that have accumulated, improving joint mobility. Recommended for people with a lot of stress, posture problems and an excellent option before exercise. 50 min / 80 min





 rock spa

how to rock spa

We invite you to arrive 1 hour and 30 minutes prior to your appointment, this gives you ample time to check in and chill. One of our spa representatives will help you plan the perfect spa experience.

WHAT SHOULD I WEAR TO THE SPA?

Wear comfortable!; use bathing suit for hydrotherapy experience and for Spa service you may choose to remain in your undergarments or use the ones provided by the spa during treatment. However, all our spa therapists are skilled in proper draping procedures to ensure your complete comfort and privacy at all times. Please do not bring cell phones, jewelry or other valuables into the spa. The spa is not responsible for lost or forgotten valuables.

WHAT PRECAUTIONS DO I NEED TO TAKE?

We recommend that you eat in moderation prior to your spa service and avoid alcoholic beverages in combination with heat treatments. Do not shave your legs prior to a body scrub. Bad sunburn may prevent you from having or enjoying a spa treatment.

WHAT IF I FORGOT TO SHOW UP FOR MY APPOINTMENT?

Don't forget, please! You will lose the treatment without reimbursement. No-show can be rescheduled based on availability, only in case of illness showing a medical waiver.

FEES AND GRATUITIES

It is our goal to provide exceptional service, and of course, additional gratuities are always welcome but not expected. You may charge your spa services to your room or charge them to a major credit card (Visa, MasterCard and American Express).

*Prices subject to change without prior notice. Subject to space availability.

*All Rock Spa menu treatments and services are available in the Limitless All – Inclusive promotion. A 25% service fee will apply over the final price of all transactions using the Limitless All – Inclusive. The service fee can only be paid in cash, charged to the room and / or charged to a credit card. Booking window: September 15th, 2018 through December 20th, 2019. Travel window: January 6th, 2019 through December 21st, 2020. Restrictions may apply.



rock  spa®

hours: 8:00 a.m. - 7:00 p.m.*

hidrotherapy: 8:30 a.m. - 7:30 p.m.

reservations: 809 731 0099 ext. 4444

rockspa@hardrockhotelpuntacana.com

*Daily / Subjet to change

Rock Spa® at Hard Rock Hotel

Bali

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Cancun

Davos

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Hollywood, Fl

Ibiza

Las Vegas

Panama Megapolis

Pattaya

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